



Fitness Facility Use Incentive

- BENEFIT:** Pay \$25 incentive per month for *documented activity* as described below.
- RATIONALE:** To reward people for regularly participating in aerobic or strength-building activities at an approved fitness facility.
- ELIGIBILITY:** Full time employees and County-insured spouses and County-insured dependents, age 12 and older.
The facility should provide opportunities for strength building (free weights, weight machines) and cardiovascular (treadmills, stationary bikes, elliptical machines, swimming) work outs and should be able to furnish proof of attendance.
Approved facilities include, but are not limited to:
BAC, RAC, YMCA, Curves
(*Request Botetourt County employee discount*)
- RESTRICTIONS:** Memberships in weight-loss programs, sports clubs, spas, or similar facilities are not considered for reimbursement under this program.
- REQUIRED:** Documentation of each person using the fitness facility at least 8 times/month (recommended an average of three times a week) would be an attendance statement from the facility. Example: computer printout of key swipes.
- PROCESS:** Submit documentation and reimbursement request form to Wellness Coordinator/Human Resources (Old District Courthouse - 5 W. Main St., Suite 200; fax: 473-8207, phone: 473-1927).
Claims for activity older than 6 months from the date of the claim will *not* be processed for payment.
- METHOD OF PAYMENT:** Starting January 2015 fitness incentives will become a taxable benefit, due to IRS regulations, and will be reimbursed on the employee's paycheck.